



20 Years of Trauma and Resilience
Annual Report 2018 | 20 Year Commemorative Edition

Visionary and Initiator

The late Dr. Yossi Hadar

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NATAL is an Israeli registered Non-Profit Organization, no. 58-031-812-9

www.natal.org.il/en/

We are proud to present you with this annual report, which marks NATAL's 20 years of activity.

In its 20 years of activity, NATAL has devoted its best efforts to strengthening the resilience of Israeli society, serving as a multi-disciplinary treatment center for trauma victims due to terror and war, providing a framework for training and preventive intervention, and promoting knowledge and awareness of this subject.

Over the years we have known terrorist attacks, wars, military operations – in the north, in the south and in the center: it is a difficult reality in which entire populations are forced to live under constant security threat. There is no doubt that this reality takes a heavy psychological toll on many Israeli citizens.

NATAL has taken upon itself the mission to provide multidisciplinary treatment to individuals who have been traumatized by terror and war, to provide a framework for guidance, intervention and prevention, and to promote the awareness of trauma due to the conflict in Israeli society.

As an apolitical organization that helps all Israeli citizens – children, adults and the elderly, special populations and veterans – we help the direct victims and the social circles that surround them. We are engaged in imparting the knowledge that we've accumulated through training, workshops and study programs, as well as conducting studies and regular evaluation of NATAL's activities and examining our effectiveness.

Over the past seven years, we have leveraged the knowledge and experience we have accumulated to form collaborations with entities in the US and Europe. We conduct training based on models which were developed by NATAL and adapted to their needs. We trained hospital teams, first responders, veterans and faith leaders, among others.

The report details the activities of the various departments of the organization, events and special projects that took place during the past year, as well as trends and numerical data.

This year we also included the speech delivered by President Reuven Rivlin during an event held at the President's Residence marking 20 years of activity and the words of the outgoing Chairman of NATAL's Public Advisory Board and former IDF Chief of Staff, Lt.- Gen. (Res) Benny Gantz. We are happy to announce that Prof. Rivka Carmi, who until recently served as President of Ben-Gurion University in the Negev, will be appointed the new Chair of the Public Advisory Board.

On this occasion, we would like to thank our various teams at NATAL, the volunteers, the therapists and the department staff for their work, carried out with absolute professionalism, commitment and sense of mission. We also wish to thank our friends in Israel and abroad who accompany our activities, support and contribute to the organization.

With your help we will continue to assist anyone who needs us. We can ensure that NATAL will continue to support trauma victims, lead research in the field and impart knowledge on trauma due to terror and war – for the sake of the resilience of Israeli society.

Our thanks and appreciation goes to our partners in Israel and around the world who accompany us, support us and invest in our activities. Together we will continue to work to strengthen the resilience of individuals and society in Israel.



Judith Yovel Recanati
Chairperson & Founder



Orly Gal
Executive Director



NATAL helped initiate a proposed bill that will give veterans within seven years of completing their military service, the right to receive psychological support and assistance for a year without any bureaucratic procedure or burden of proof.



Address by the Honorable President of Israel, Reuven Rivlin, at an event commemorating 20 years of NATAL's work

The life of a person who experienced trauma is often divided in two: before the trauma – war, a terrorist attack – and what follows. Almost every Israeli knows a trauma victim. A friend, neighbor, family member, even themselves, suffers from post-traumatic stress following an operation, a war, a terrorist attack, rocket attack, and struggles to return to family life, work, studies, to sleep at night. This is a deceptive injury. There is no scab, no stump, no scar you can see. Experts call it a “transparent injury.” NATAL has been giving it color for twenty years. You prove that it is difficult to cope with post-trauma. But it is possible.

Distinguished guests, I look at you and understand the depth of the change in society's attitude towards post-trauma victims. In December 1914, a few months after the beginning of the First World War, the British War Office began to receive alarming reports that an increasing number of officers and soldiers were being evacuated back to Europe because of a “mental breakdown.” In the wake of the shelling, soldiers became mute and paralyzed. They lost their sense of taste. Sometimes they suffered from temporary blindness. The psychologist who examined the soldiers called the phenomenon “shell shock.” A condition we also know as “combat shock.” This was the first time anyone listened to the victims of post-trauma and the shock of battle, and believed them, without seeing them as cowards or traitors.

Here too, in the State of Israel, there was a similar process. Wars and terror, unfortunately, are part of routine in Israel and an integral part of the reality of our lives. In recent years, the home front has also become a war front. In addition to fighters on the battlefield, civilians, including children and youth, are also exposed to trauma.

Nevertheless, it took many years before the victims of post-trauma received the recognition they deserve. For many years, the victims of post-trauma felt neglected by the State of Israel. That they are forced to fight for their dignity as well. Only this year, I hosted here, at our President's Residence, our soldiers who were taken prisoner from all the wars, and whose souls bear their scars and pain.

The establishment of NATAL exactly twenty years ago, by the late Dr. Yossi Hadar, who unfortunately did not live to see his vision materialize, and Judith Yovel Recanati, who is here with us today. Yossi was a veteran of the Yom Kippur War and was exposed to the shell shock of battle. NATAL has brought about a change in Israeli society. In awareness of the phenomenon. In treatment. In caring for the victims. NATAL made the treatment of post-trauma accessible to the Israeli public, but also changed the discourse on post-trauma. They helped the Israeli society recognize and extend a hand to trauma victims, to hold them.

My dear ones, post-trauma victims who suffer from “transparent injuries” must not be “transparent victims.” Victims of trauma must understand that they are not alone, they have a home. In the name of the Israeli society, in the name of many good people who sleep better at night thanks to NATAL, I would like to thank NATAL's entire team, staff and volunteers, and to wish us all good mental and physical health. Be blessed.

In the Photo (right to left): Orly Gal - Executive Director, Judith Yovel Recanati - Chairman and Founder, Lt. Gen. (res.) Benny Gantz - Chairman of the Public Advisory Board, President Reuven Rivlin and his wife Mrs. Nechama Rivlin



A picture of Dr. Yossi Hadar z"l in the background of the ceremony in which Judith Yovel Recanati bestowed to Bracha Hadar, his widow, a symbolic NATAL tree for his contribution to Israeli society. The ceremony took place at NATAL's 70/20 conference on trauma and resiliency

Dear Yossi,

I have been thinking about writing for you for a long time. A real letter, not just a sentence here and there, which I had the opportunity to tell you in my heart. I am so sorry for you and for us that you are not here today at our twentieth conference. It is really beyond words. It is a feeling of a missed opportunity and a tremendous loss. We set out together in September 1997, six years after our paths separated when you guided me in my work as an art therapist in rehabilitation units.

At that time, voices from the outside also entered the clinic, the voices of the First Lebanon War. Attacks, dead and wounded, bereaved families and losses that seeped into my heart and I shared them with you – my feelings and concerns about the future that awaits us and our children. My personal losses also pervaded these hours, I spoke to you about my parents who died one after the other six and eight years earlier, when I was a mother to young girls and worried about the impact that my own sadness and grief would have on their development and their emotional worlds. Dear Yossi, you came to know me and my concern for our country, and my identification with those whose lives have changed from one moment to the next.

When you asked me to join the organization, I was surprised. I did not know the implications of such a decision. I asked you to think about it and consult my late husband Roly. A day later I returned with excitement and a positive decision. I knew it was a life-long decision, I just did not realize the extent of it. Who could foresee that during the difficult year of establishment, from September 97 to June 98, your body battling a severe cancer – leukemia. Who knew then, that while we planned, imagined, deliberated and organized, only a few months later I would remain alone with your powerful idea and vision that

became mine too, and with the deep desire to establish NATAL and overcome all the difficulties and obstacles that stood in our way.

When you were hospitalized in the oncology ward at Ichilov Hospital, I came to see you, we talked. I tried to calm you. To tell you that we will overcome it, and that you should not worry about NATAL, that now you are the patient and must invest your energy in your process of treatment and recovery. A few days later, you fell into a deep sleep from which you did not awake. And that is how we parted from you with great sorrow, and I did not know where I was headed...

I thought that perhaps your sudden death was a sign from the heavens that we should stop what we had started together. If you are not there, how can I go on alone? My thoughts and feelings flooded me. But as the days passed, I gradually felt strongly that NATAL needed to be established, and there would be no turning back! I will continue and succeed! I will fulfill your dream that has also become my dream, and so it was!

In September 2000, the Second Intifada began. Do you believe it Yossi? They always say that timing is one of the most important factors in life. And that is right! This is evidence in that NATAL was ready as if someone knew and planned it. Is it you? Did you know what was about to happen?

After the intifada began, the calls to NATAL did not stop, and in fact they have not stopped until today. Do you understand? Your dream, your strong desire that you infected me with, ensured that when they needed us very much, we were there. The phone never stopped ringing. The situation was so frightening and stressful. There were a lot of attacks, one after another, all over the country. There were dead, wounded, and many people did



Over the course of the last 20 years NATAL has carried out extensive public advocacy campaigns to raise the awareness of trauma due to terror and war. Since its founding, NATAL has helped over 300,000 citizens.



not leave their homes. It is difficult to describe and to understand what we have been through since then.

Yossi, so far NATAL has supported over 280,000 citizens, can you believe it? Recent findings show that between 10 and 15 percent of the population suffer from post-traumatic symptoms. This is about 800-900,000 people, so this is not so surprising. Some of the applicants were assisted by the Helpline, some were referred and treated by the clinical staff, or at our social therapeutic club. The years have passed and today, patients come to our home in Tel-Aviv from all over the country. You must know this, but we really made it. We have an amazing team at NATAL! they all have the knowledge, the experience, and the human qualities needed to provide those who turn to us with the best treatment. Our team of volunteers, no words can describe. They are professional, devoted and humane. Too bad you did not get to know the amazing people who have been here for years. I allow myself to thank our people at NATAL on my behalf and on yours.

You are not here, but I have no doubt that you know, see, and feel, and that you are very present. I wanted to say thank you. Thank you for believing in me and thinking I could be your partner on this journey. Thanks to you, twenty years later, I wake up every morning with a joy of creation, with joy that cannot be measured for doing the most significant thing I could wish for myself.

Thank you also on behalf all of us, the people of NATAL, the patients, and all those who are supported by us, and in the name of all the many thousands who, without your vision, would have remained lonely in their suffering. Thanks to you all this happened.

Our thanks and appreciation to our partners in Israel and around the world who accompany, support and invest in our activity. Together, we will continue to lead and work to strengthen the resilience of individuals and the society in Israel.

**Yours truly,
Judith**

NATAL's first location on Hashomer street in Tel-Aviv

Chairperson of NATAL's Public Advisory Committee, Benny Gantz

Until three years ago, I was an integral part of the IDF. For more than three decades, I had the privilege and the responsibility of leading soldiers, including many combat soldiers.

A year after I finished my role as Chief of Staff, I was approached by NATAL to serve as the Chairman of the Public Advisory Committee. I hesitated a little because my military service was seemingly behind me. Upon further reflection, I realized that I had been released from service but that the events had not really ended – there are people whose souls were wounded, who needed psychological support and assistance. I do not claim to be a mental health professional, but I understand the personal and public value of supporting and assisting people whose lives have been stopped in one terrible moment of terror or war.

I once said I was a bereaved commander. A bereaved commander is one who carries his dead soldiers with him. During the fighting, you do not stop functioning, but the people, the situations, the emotions, stay with you throughout, even after the event is over.

The security situation in which we live comes with a heavy price. People who are injured during combat or terrorist attacks, some who are physically injured and also experience psychological difficulty coping with their injury. Some of them remained unscathed, but wounded in spirit. We are different from each other, and each of us has a different mental composition. There are events from which one will emerge from it as if the event did not happen, while another will struggle to cope with memories that do not subside. The greatest difficulty for those wounded is that this is a "transparent injury," that it is invisible. For their loved ones and communities it is difficult to understand what they are going through and how to help them.

In the IDF we coined the expression "the wounded are not abandoned in the field." I believe that our role as a moral and ethical society is not to abandon the wounded the

moment after the event ends and the focus shifts elsewhere. We must understand that this is precisely where their coping begins, in times of calm, when the soul is free to digest and process the trauma the trauma it has experienced, and sometimes coping alone is impossible. We are obligated to embrace citizens and combat soldiers who were injured during combat or terrorist attacks, and to understand that they have paid an unbearably heavy psychological price for living here in Israel, and they should not have to cope alone.

NATAL's Public Advisory Committee, which I have the privilege to chair, is a representative and moving mosaic of Israeli society as a whole: public figures, intellectuals, members of the media, people young and old from all walks of life, political and cultural backgrounds, since the uniqueness of the injury which NATAL treats is that it is directed at us as a collective.

I am happy and proud as a citizen and as former Chief of Staff, that there is a body in Israel like NATAL that responds to all Israeli citizens affected by terror and war, whether they are the direct victims or in the circles that surround them. The moment of turning to NATAL's Helpline begins a process of support, listening and embrace, and together we begin the long journey back to life.



Lt. Gen. (res.) Benny Gantz
Chairperson of Public Advisory Committee



In 2008, NATAL was awarded the prestigious Presidential Award for Volunteerism; in 2017, it received the Midot Seal of Effectiveness for Social Activism; and in 2018, an award from the Minister of Health for the "Running with Rami" project.

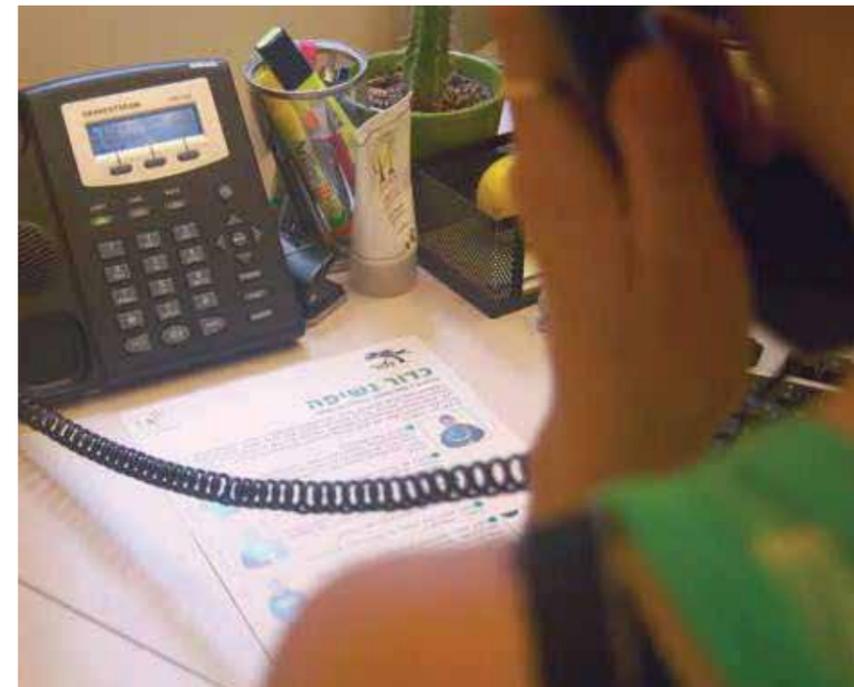
The Helpline

Unit Director: Gila Sela

Deputy Director: Efrat Shavit

Unit Staff: Unit Director, three social workers, Deputy Director, and secretary. In December 2018, Dalia Yosef became the new Helpline Director.

Unit Objective: NATAL's Helpline offers long and short-term emotional support via the phone, email and online chat to civilians who have been traumatized due to terror and war.



Unit Activity

The Helpline supports the emotional needs of trauma victims, including those who directly experience a traumatic event, and those who are indirectly impacted such as family and friends.

Helpline volunteers who work the phone lines undergo a seven-month screening and training process, which includes an additional three months of monthly group training. The Helpline represents a unique model of both single incident and continuous phone support developed by NATAL. Following the initial phone call to the Helpline in which the situation of the caller is assessed, the same volunteer will initiate weekly 20 minute phone calls/online chats scheduled according to the convenience of the caller. From the moment a caller initiates contact with the Helpline, volunteers and staff continue to accompany them with great care and empathy for as long as necessary. The Helpline acts as the gateway to the rest of NATAL's services and offers flexibility and mobility between the various units. For example, individuals requiring more comprehensive treatment are referred to the Clinical unit, and callers who make contact in the immediate aftermath of an attack are referred to the Community Outreach unit for on-site intervention for acute stress. The transition between these units is managed by a volunteer and professional staff of the Helpline, through which a unique protocol for preparing callers for clinical treatment has been established. This process constitutes a therapeutic bridge and seamless transition between units for the caller.

Summary of 2018

Due to numerous security threats and emergencies over 2018, many civilians including parents of children and discharged soldiers turned to the Helpline for support. As such, the number of requests received by the Helpline, whether by chat, telephone or social media, significantly increased from last year, despite reduced marketing. The number of callers who seek and require clinical care, and the complexity of their cases has increased significantly since operation Protective Edge in 2014.



Deepening Cooperation with Other Units in NATAL

The Helpline and Clinical Unit deepened the collaborative interface between the units in order to better help callers prepare for clinical treatment. Joint trainings and workshops between the Helpline and Community Outreach Units continued in 2018.

Volunteers

On the occasion of NATAL's 20th year, the organization held a special conference for Helpline volunteers to mark this important milestone.

Volunteer training: 12 participants successfully completed NATAL's 20th volunteer training course and integrated into the Helpline.

Technology

NATAL continued to develop the Helpline software, reporting capabilities and the integration of forms into callers' files.

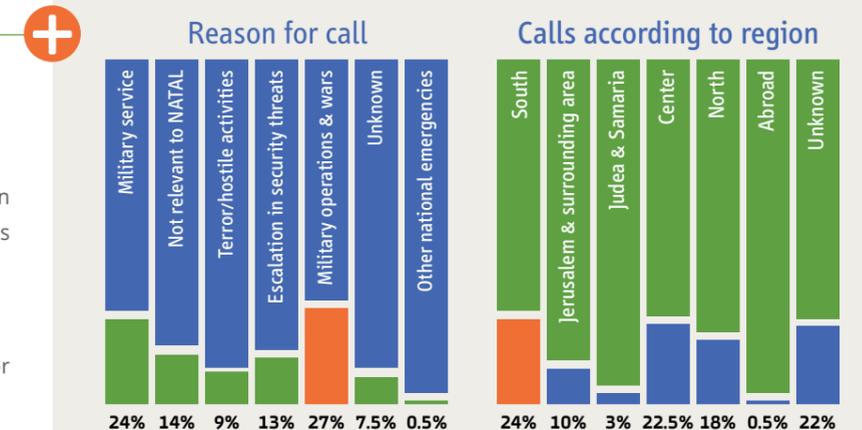
Instruction

A professional guidance system is maintained for Helpline volunteers, including periodic training sessions with the Unit Director. Likewise, the connection between the social workers and Helpline counselors was reinforced.



In 1998, with the start of the organization's activities the Helpline model was developed by Dr. Sigal Haimov and the Helpline was established.

During the Second Lebanon War in 2006 NATAL answered approximately 7,000 calls. In 2014's Operation Protective Edge over 8,000 calls were answered.



2018 in Numbers

During 2018, 1,365 treatments were performed | Over the course of the year, 1,014 citizens have called the Helpline, of which 540 are in constant and continuous contact with the Helpline | The Helpline staff worked on preparing about 300 callers for clinical treatment in 2018 | This year there was a record number of 19 instructors in the Helpline | The number of callers to the Helpline increased by 30% compared to 2017
 Approximately 2,500 calls were received in 2018. 47.5% of callers were women, 52.5% men. This reflects a narrowing of the gender gap in recent years.
 300 callers were referred to the Clinical Unit.

Clinical Unit

Unit Director: Sa'ar Uzieli (Retired December 2018)

Deputy Director: Hana Himi (*became Unit Director in December 2018*)

Unit Staff: Unit Director and Deputy Director, Director of the Testimonial Center, 120 therapists throughout the country.

Unit Objective: Provide clinical psychological treatment to individuals and groups.

Unit Activity

One of the most painful experiences reported by trauma victims is the loss of their internal sense of safety, the secure "home" that exists within themselves. NATAL offers a safe space where the patient can rebuild their internal homes and regain a sense of wholeness and mind-body harmony once again. PTSD is a complex disorder that includes personal, interpersonal and functional components. The treatment at NATAL is modular and tailored to the needs of each patient, with all treatments being coordinated under the same professional roof. A patient's therapist coordinates their treatment through a range of multidisciplinary interventions which supports both the individual and their family.

Summary of 2018

Personnel: Over the course of 2018, 12 new therapists joined the clinical team at NATAL working across the country. In December 2018, Sa'ar Uzieli, NATAL's long-term Director of the Clinical Unit, officially retired. Dr. Hanna Himi replaced him as the Director of this unit.

+ 2018 in Numbers

557 patients were treated in the unit, with an average of 351 patients per month | 55% of patients were treated using a combination of different multidisciplinary treatments | 40% of patients were treated in NATAL's Tel-Aviv headquarters, 60% in clinics across the country | 136 patients were children, 187 combat veterans (51 of whom completed their treatment, seven more in the intake process) | The Clinical Unit continues to operate the Testimonial Center within its programming

Clinical Supervision: Over 233 hours of professional, private supervision and guidance were provided to NATAL therapists over 2018.

Ongoing Education: Professional workshops and trainings were provided to the entire staff, including a seminar which continues into 2019.

Procedure with Israel National Insurance (Bituach Leumi)

Following the end of 2012's Operation Pillar of Defense, the Israel National Insurance Institute began paying NATAL for the treatment of adults and children who suffer from PTSD. Bituach Leumi funds the intake process, 12 sessions and if more are needed then it will fund an additional 12.

The decision to work within this framework was made by the Director of the Clinical Unit. In cases requiring further treatment in addition to the sessions through Bituach Leumi, the Clinical Director can give approval for continued care.



In 2007 NATAL established the Testimonial Center that provides individuals in therapy to document their experiences on film, supervised by a member of NATAL's clinical team. The patient can keep their testimonial video, and/or share it with family and friends.

Development of Professional Models and International Programs

Unit Director: Dr. Sigal Haimov

Unit Staff: Unit Director, Deputy Director, and research assistant

Unit Objective: Develop professional programs and models and to promote the organization's work in Israel and abroad.



Unit Activity

This unit develops professional models for workshops and training materials for work in Israel and abroad. The unit represents NATAL in meetings with partner organizations in Israel and around the world, and assists in raising awareness of trauma from terrorism and war through training and facilitating workshops and lectures at professional conferences. Finally, the unit writes and publishes professional articles, promotes effective cooperation between the therapeutic units in the organization and participates in research and evaluation activities.

Summary of 2018

In 2018, alongside the continued development of models for programs in Israel, the unit also focused on work in the US and Europe. The goal is to cultivate greater professional recognition of NATAL within the international arena, to expand the organization's social export and increase its revenues from the sale of services, such as workshops and training.

Developing Intervention Methods and Models

Developed workshops for firefighters in Israel. Designed new knowledge and tools for the use of NATAL's training team abroad, including the development of a training program for paramedics and firefighters in New Jersey, following a needs assessment survey.

Work with Organizations Abroad

Contributed to an international forum for dialogue on assistance to victims of terrorism. Participated on a panel of experts at the INVICTIM 2018 symposium. A lecture on telephone interventions at the Victim Support Europe 2018 conference.

Raising Awareness of Trauma Due to Terror and War

NATAL contributed to a professional book on coping with trauma. In cooperation with the Israeli delegation to the United Nations and the Victim Support Europe, this unit helped the United Nations improve the protocol for assistance to terror victims.

Social Therapeutic Club



Over 2018, there was a total of 39 members within the Social Therapeutic Club.

Unit Director: Hagit Buchbender

Deputy Director: Ruth Sagan-Cohen

Unit Staff: Unit Director, Deputy Director, and Activity Facilitators.

Unit Objective: This unit provides individuals whose trauma has become chronic with a "warm home" where they can engage in a range of activities chosen for their therapeutic benefits in a social environment.

Unit Activity

The Social Therapeutic Club serves as a meeting place for activity and creativity, and addresses some of the symptoms that characterize PTSD victims, including: social isolation, loneliness, loss of self-esteem, loss of basic skills and functioning and more. The club contributes to improving its members' quality of life, and serves as a safe and supportive home that offers activities to improve basic skills in everyday functioning like concentration, accuracy and teamwork. In addition, these activities help members express their imagination, feelings, and moods, and serve as an avenue for expressing their pain and stress.



Over the years, two additional groups were established at the Social Therapeutic Club for trauma victims referred to NATAL by Israel's National Insurance Institute.

The club encourages empowerment, expression, interpersonal communication and physical activity in small, intimate groups that allow members to discuss personal dilemmas and improve their wellbeing.

Summary of 2018

NATAL continued to strengthen the club's offerings and to absorb new members via both referrals from within NATAL and Israel's National Insurance Institute (Bituach Leumi). Gifts for donors to the organization were created in the ceramics class and a new instructor for textile classes was recruited. In 2018, satisfaction questionnaires were distributed to participants and a new protocol for the club's operation was created.

National Insurance Institute (Bituach Leumi) Group

NATAL held a seminar for employees of the National Insurance Institute in order to increase awareness and recruit new participants.

This group experienced a day excursion to a National Park, celebrated Purim and held a toasts on major holidays.

There are currently 19 members in this group, one of whom joined in 2018.

NATAL Group

Throughout the year, the activities of the Club continued for the NATAL group members under the supervision of Saar Uzieli, the former Director of the Clinical Unit.

This group enjoyed a day trip that included a tasting tour of the Levinsky Market and a musical at the Habima Theater. Purim was celebrated together and toasts were held on major holidays. NATAL's club currently has 20 members.

A flower arrangement workshop in the Social Therapeutic Club



Multidisciplinary Trauma Studies Center

Unit Director: Bina Levin

Unit Staff: Unit director, coordinator, professors, guest lecturers, group facilitators, and librarians.

Unit Objective: To provide specialized trainings to mental health professionals focusing on emotional stress and trauma and to operate as a unique center for the study of psychological trauma.

Unit Activity

This unit at NATAL was established to provide ongoing education and training opportunities to mental health professionals looking to deepen their understanding of trauma. Courses are conducted by leading Israeli experts in trauma from a range of backgrounds, and combine knowledge of treatment, instruction and research. The Trauma Studies Center reflects the central components of NATAL's model: a multidisciplinary, compassionate and holistic approach that is tailored to every individual as well as the circles of influence that surround them. This unit operates NATAL's flagship trauma-focused psychotherapy course, which is accredited through Tel-Aviv University. Since its establishment 12 years ago, thousands of professionals have trained within the center's various courses and programs.

Summary of 2018

This year, the unit expanded upon the educational programs available within the training for IDF Casualty Notification Officers, increased the number of students across departments, and advanced collaboration with other NATAL units.

Trauma-Focused Psychotherapy Program

NATAL's diploma programs are conducted in cooperation with the Faculty of Medicine at the School of Public Health of Tel-Aviv University. Students of this program are work in the fields of mental health, counseling, nursing and rehabilitation in professions such as social workers, psychologists, educational counselors and art therapists.

In 2018, 37 students graduated from this program as part of its 11th cycle. In October 2018, the 12th cycle opened with 42 students. This program is officially recognized as continuing education

Advanced Training Courses for Mental Health Professionals

NATAL also offers short-term specialization courses and workshops for mental health professionals looking to receive diagnostic and therapeutic tools for children, adolescents

and adults suffering from post-traumatic symptoms due to a range of causes. Over 130 professionals took part in these courses and workshops in 2018, including:

- EMDR (Eye Movement Desensitization and Reprocessing) Stages 1+2 – Dr. Udi Oren
- Treating Victims of Sexual Assault and Incest – Dr. Tzvia Seligman
- Coping with Grief and Loss – Gali Hellinger
- Somatic Experiencing (SE) – Gina Ross
- Mindfulness – Dr. Oded Arbel
- Focus-Oriented Therapy Beginners and Advanced Students – Bilha Prolinger

Training IDF Casualty Notification and City Officers

For the past 7 years, NATAL has provided trauma resiliency training to all IDF casualty notification officers. These officers have the complex task of accompanying and supporting bereaved families who lost loved ones during military service, in addition to soldiers who were physically and/or mentally injured.

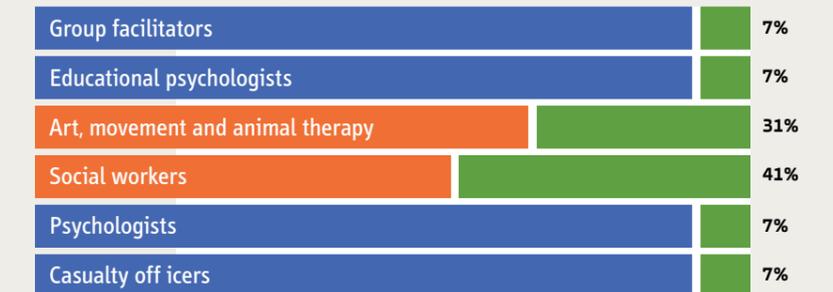
The studies are accompanied by training groups that encourage participants to bring complex experiences and issues from their work into a safe environment in order to process difficult content.

Over the course of 2018 two study programs took place: "crisis and trauma intervention" for young officers and a course for supporting bereaved families for senior officers. The feedback from officers in both courses was extremely positive and reported to greatly improve their functioning.



Graduates of the 11th cycle of trauma studies at NATAL, which ended June 2018

Student profiles in cycle 12, October 2018



Information Center and Website

The Information Center is a professional home for therapists, students and all those interested in learning about psychological trauma. The center has a website cataloging books, articles and films dealing with the treatment of trauma and post-trauma, which is open to professionals and the general public. Throughout the year the center continued to catalog press clippings (since 1998) in NATAL's library and portal. Thus far 2,500 items have been cataloged by the librarian and two volunteers. The center purchased updated professional literature and this year the library was expanded by over 100 books in the field of art therapy, a donation by NATAL's chairperson Judith Yovel Recanati. In 2018, the center operated specialized websites serving students in the trauma-focused psychotherapy program, casualty notification officers and the general public.



In 2007 NATAL's Multidisciplinary Trauma Studies Center was established, and has taught over 230 students since. NATAL's flagship programs include Trauma Focused Psychotherapy, and training IDF Bereavement Notification Officers.

Community Outreach Unit

Unit Director: Dr. Tamar Lavi

Deputy Director: Rakefet Ginsberg

Unit Coordinator: Karkom Rosenstein

Unit Staff: Unit Director, Deputy Director, Coordinator, group facilitators and professional experts in the fields of mental health, trauma organizational counseling and emergency preparedness.

Unit Objective: To strengthen the resilience and coping resources of civilians, professionals and first responders before, during and after emergency; to develop knowledge and tools for working with diverse communities.

2018 in Numbers

35	Instructors in the permanent staff
12,117	Recipients of various programs/services
2,350	Children saw NATAL's therapeutic puppet show and participated in the follow-up activity
7,656	Hours of instruction, treatment and intervention were delivered
628	Treatment hours were provided by the Mobile Unit

Unit Activity

Many of Israel's diverse civilian populations must cope with the ongoing trauma of living under constant security threats and exposure to terrorism and war. Additionally, professionals whose line of work requires them to regularly engage in activities such as first responders are at risk of secondary trauma, professional burnout and compassion fatigue. The Community Outreach unit works with all of Israel's diverse communities in order to provide special programs that reinforce trauma resiliency and internal coping mechanisms in order to help the entire population of Israel remain strong before, during and after emergencies.

This unit also operates the Mobile Unit, which provides short-term, in-home treatment for individuals and families who due to the acute nature of their trauma are incapable of leaving their homes. Since its establishment in 2003, NATAL's Mobile Unit has brought support and psychological support to over 3,000 families in their homes.

Summary of 2018

Internal Staff Training

This year, the unit worked to deepen its professional training, which was conducted almost entirely by professionals from within the unit. Topics included the delivery of tragic news to families, conflict management, and training first responders in emergency management.

Community Activities

A special resiliency program for the Israeli national police ran from the beginning of the year through the summer of 2018, and constituted a significant portion of the unit's work.

Major Projects

In the north: As part of nationwide emergency preparedness efforts, the unit wrote a guidebook for the Ministry of Labor, Social Affairs and Social Services regarding evacuation of residents from conflict zones. The unit continued to train community resilience teams including three additional teams in the Jezreel Valley Regional Council.

In the south: In collaboration with the Ministry of Welfare in the southern district, the unit held a large-scale simulation exercise in the Hof Ashkelon Regional Council and trained welfare teams in various local councils. Following this year's escalation in hostilities, demand on the Mobile Unit increased greatly.

In Judea and Samaria: Recently established resilience centers are working to enhance their status in the various regional councils. The Community Outreach unit works with the resilience centers to facilitate a variety of training programs offered to councils' medical and security units. Recently, the unit began training therapists at the Etzion Resilience Center so that they can independently work in schools throughout their council.

Hospital Staff Trainings

Resilience and burnout workshops continued for emergency room nurses and medical staff in eight additional hospitals throughout the country.

Work with Arab Communities

Various workshops were held at the welfare offices in Arab communities in collaboration with the Israeli Trauma Coalition (ITC). The "Safe Place" program also continued in Arab schools this year.

Veterans

The support group for mothers of wounded soldiers concluded this year after having met for five years. A support group for partners of POWs continues, and the video-therapy group is now entering its third year.



In 2003 NATAL established the Mobile Unit, which provides in-home therapy across the country. As of today, over 3,000 families have been treated by the Mobile Unit.



Children and Youth

The "Safe Place" program operated this year in ten schools throughout the country. It has become evident how relevant the content of this program is for children and teachers who have experienced traumatic events as the demand for the program continually increases.

The unit also produced a third interactive video for the corresponding online portal.



Emergency Interventions

During 2018, the unit staff assisted in several emergencies:

Following the tragic flood which killed 10 students in a pre-military academy, the unit provided support in collaboration with the Israel Trauma Coalition.

In the aftermath of escalations in the south, the Mobile Unit facilitated group and family-based emergency intervention for immigrant communities. Likewise, group interventions were offered to the student body of Sapir college in Sderot and home visits were conducted for southern residents in Netivot and Ashkelon, including two homes that suffered direct hits from rockets.

Human Resources

Unit Director: Sigal Adam

Unit Objective: Recruiting and supporting employees, freelance service providers, and volunteers.

Unit Activity

The Human Resources Department is responsible for the selection and ongoing welfare of employees, volunteers and independent service providers, as well as accompanying them throughout their journey at the organization. This unit implements organizational policies according to the goals and direction the organization has set upon itself, including the growth or reduction of manpower and integration of new employees and training. Human Resources provides mediation between management and employees through regular and direct contact; it also advises and supports unit managers routinely and in

anticipation of staff changes. The Unit Director meticulously protects workers' rights, ensuring proper conditions of employment and ensuring the wellbeing of employees and volunteers. HR also reinforces sexual harassment prevention and revises the procedures and protocols on this subject.

Summary of 2018

Work Relations

Employment termination procedures were carried out and the process of selecting and hiring new staff members, freelance service providers and volunteers. Likewise, changes were made to the delegation of labor and the definitions of roles based on the organization's needs. NATAL currently has 35 salaried employees, half of whom have worked at NATAL for over five years, and one-third for over a decade. Within the Community Outreach Unit, half of the employees have over four years seniority, one-fifth a decade. 90 percent of clinical staff have been providing service at NATAL for more than 12 years.

Training and Instruction

During the year, NATAL unit managers participated in professional forums and employees went on professional trainings; in addition, training sessions took place in the Clinical Unit, Community Outreach Unit, and the Helpline.

Procedures

The organization updated procedures in its various units according to the organization's needs. The emergency procedures of all the units were thoroughly examined and updated.

Welfare

Toasts were held Passover and Rosh Hashana, and gifts for the holidays were distributed to all the staff. During the year, other social gatherings included a lecture on Holocaust Remembrance Day, artistic activities for women on women's day, and more. Throughout the year, tickets were offered to staff and patients for performances, shows and concerts.



Volunteers

Over the course of 2018, approximately 200 interested volunteers contacted NATAL, without any publicity or recruitment. New volunteers were recruited based on the needs and projects of various units. NATAL's relationship with volunteers is maintained long-term via email, phone calls, and invitations to the organization's events. The Helpline held a "volunteers across generations" conference for staff and volunteers from NATAL's establishment to the present. In total, over 244 volunteers volunteered at NATAL in 2018. 104 of these volunteers participated in Running in Color, 99 of whom were new and were recruited especially to help at this event.



Finance Department | Unit Director: Mina Yakar

Unit Activity

Financial management of the organization, including:

Updating and monitoring the flow of funds. Managing salaries, expenses and revenues. Monitoring and submitting annual and quarterly financial statements to the Executive Committee. Planning, managing and monitoring the organization's budget under the guidance of the Executive Director

Maintenance and Technology | Unit Director: Shuly David

Unit Activity

The unit is responsible for maintaining and upgrading the technological infrastructure of the organization (computers, communication equipment, telephone system, multimedia, etc.), information security, addressing malfunctions, and more.

Summary of 2018

This year, EASTRONICS donated a new local server to NATAL and the unit received an SSD component that was installed on older computers. 60 computers were upgraded to Office 2016 and NATAL's website was moved to a new hosting service called Interspace. The telephone system and call center software were updated and the unit expanded the storage of NATAL's CRM system.



In 2007 NATAL moved to its current location at Ibn Gvirol 10 in Tel-Aviv.



Research and Evaluation

Unit Director: Prof. Marc Gelkopf

Unit Staff: Unit Director, research coordinator

Research Coordinator: Liron Lapid Pickman

Unit objective: To evaluate the efficacy of NATAL's services for the purpose of improving and developing them; to conduct research in the field of trauma due to terror and war.

Unit Activity

The Research and Evaluation Unit examines the impact of ongoing terror and war on the mental health and resilience of various groups in Israeli society, in order to continue improving the organization's activities and to deepen our understanding of terror and war induced trauma in Israeli society. The unit perform a qualitative and quantitative evaluation of the therapeutic interventions and the various projects offered by the organization. The unit complies with the highest of academic and methodological standards, and its research conducted is regularly published in professional and academic journals.

Summary of 2018

The Clinical Unit

Continued evaluation of clinical treatment via patient and therapist questionnaires. The data obtained indicate the efficacy of treatment in reducing trauma symptoms and improving the patients' functioning. In addition, the unit developed a research plan to evaluate a special program with service dogs.

The Helpline

Ongoing evaluation of the effectiveness of the treatments performed by the Helpline. Here too, there was a decrease in symptoms and improved functioning following Helpline support.

Community Outreach Unit

Evaluation of trauma resiliency workshops for nurses and medical teams. The data, collected from 565 participants, indicates reduced burnout, increased confidence in professional functioning in emergency, and increased satisfaction with work in healthcare professions. The unit also improved the evaluation of the Mobile Unit, and established a research program to evaluate "Safe Place" workshops in schools and workshops to increase resilience and reduce burnout for Tel-Aviv municipality employees.

The Social Therapeutic Club

Expanded the questionnaire to include the club manager. The data collected from the club administration and members indicate a high level of satisfaction from various elements of the activity, as well as positive social dynamics.

International Relations and Resource Development

Wrote research reports in English intended for a number of foundations, and assisted in submitting grant applications.

Marketing and Publicity

Working with the Marketing and Publicity Unit, the unit published a number of articles in Israel and abroad on research findings, including the findings of a study on the appearance of symptoms at the time of Operation Protective Edge and the findings of the phone survey.

Academic Articles

An article on associations (networks) between PTSD symptoms during Operation Protective Edge was published in *The Journal Psychological Medicine* (Greene, Gelkopf, Epskamp and Fried); An article on dissociative reactions during Operation Protective Edge and their relationship to PTSD symptoms and their intensification two months later was published in *The Journal of Anxiety Disorders*; An article on the connection between social injustice, childhood trauma and psychological disorders in adulthood was published in *JAMA Nature Open* (Gelkopf).



A large-scale phone survey in the Israeli population

Data collected in the summer of 2017 among 1,382 participants indicate that 20 percent of those exposed to terrorism and war meet the criteria for PTSD (without impaired functioning), about 15 percent meet the criteria for anxiety disorder, and 9 percent meet the criteria for depression. Community resilience is a key factor in protecting against mental distress, while a sense of threat (not only terrorism and war, but also a social-political threat or threat to identity) constitutes a risk factor.



An article published in the *Journal of Psychological Medicine* (Cambridge University Press) in 2018, based on NATAL's research



Dalia Schatz, z"l

"I will continue this work until the very end"

"I draw the emotional strength to keep going, even after decades of intensive and difficult work, from the wounded themselves. I would see an injured person who I accompanied on the entire long and exhausting rehabilitation process. It would begin from intensive care, lying in the ward with complete paralysis or after an amputation. And then one bright day I would arrive to the ward and see him walk towards me to hug and kiss me. There is no greater happiness. It is like giving birth to a new son. The all-encompassing love I get in return – it is an unparalleled reward. It is said that a little scent always remains on the hand that gives a flower..."

In January 2018, we said our final goodbye to Dalia Shatz "the mother of the wounded," who dedicated her life to the wounded of the Israel Defense Forces and the Ministry of Defense. Dalia is the recipient of the "President's Award for Volunteerism," and of awards from the LIBI Fund and the city of Tel-Aviv, as well as from NATAL. In recent years, Dalia Shatz was an integral part of NATAL and worked tirelessly on behalf of soldiers and their families who were injured in body and mind.

Marketing and Publicity Unit

Unit Director: Gali Dagan

Spokesperson: Yaniv Binyamini

Project Manager: Michal Ayalon

Events Manager: Aviva London

Marketing and Digital Director: Daniel Akram

Unit objective: Raising awareness of post-trauma and legitimize receiving psychological assistance; positioning NATAL as a professional and leading source of knowledge in the field.

Unit Activity

One of NATAL's main goals is to raise awareness of post-trauma due to terror and war, the invisible injury with no external signs or symptoms. NATAL initiates and promotes informational activities across media, bringing the needs of victims to the national agenda, and helps legitimize seeking support.

The unit's advocacy includes planned publicity campaigns as well as generating media interest based on the demands of the hour. In recent years, NATAL has invested considerable



In 2012, NATAL initiated the "Running in Color" fun run, which became an annual tradition. In 2013, the "Running with Rami" initiative was established. Today there are three running groups: Jerusalem, Modi'in and Tel-Aviv.

resources to develop digital media: a website, Facebook pages in Hebrew and English that are widely promoted and disseminated, activity on other social networks, content promotion through leading search engines, printing an annual magazine distributed to a million households through the national press. The unit also holds informational events, conferences and collaborations with media outlets in Israel and around the world.

Summary of 2018

Fundraising and Informational Events

- On March 22nd, a special ceremony honoring NATAL's 20 years of operation was held at the Residence of the Israel President, Reuvin Rivlin.
- On June 7th, a Trauma and Resilience Conference was held at the Duhai Center in Tel-Aviv. Miki Haimovitz, Orly Vilnai, Omri Asenheim, Almog Boker and Yoav Limor participated in a panel on the emotional coping of correspondents covering terrorism. Sand animation artist Ilana Yahav and director and creator Shmulik Maoz also participated in the conference.

Campaigns

- The campaign for Yom Hazikaron was held nationwide on television, print, radio and online.
- "Running in Color" campaign: On November 2nd, the race took place for the sixth year in Ganei Yehoshua, Tel-Aviv. The event was attended by 5,000 runners and over 7,000 participants from Israel and abroad, including children and youth, soldiers, athletes and jogging enthusiasts – to support NATAL's work. In the lead-up to the run the unit initiated

Panel participants at NATAL's 20/70 conference on trauma and resiliency: From right to left - Orly Vilnai, Miki Haimovich, Yoav Limor, Almog Boker, and Omri Asenheim





“Running with Rami” groups

Three running groups for individuals coping with post-trauma: The group in **Tel-Aviv** has 42 members, 10 regular volunteers, and 4 coaches, and meets weekly at Hayarkon Park | The group in **Jerusalem** has 35 members, and meets weekly at Sacher Park | The group in **Modi'in** has 10 members. Group members participated in "Running in Color" races, marathons in Tiberias, Jerusalem Tel-Aviv Marathon, the 24 Challenger, and more.

a campaign of billboards signage on buses throughout the Tel-Aviv Metropolitan area, regional radio advertising, and celebrity endorsements. The campaign raised awareness about the fun run as well as of post-trauma victims in Israel. The unit's thanks and great appreciation go to the main sponsor – Altshuler Shaham Investment Company, which contributed for the sixth consecutive year.

Projects

- On June 17th, the coaches and runners were awarded the Minister of Health's Shield for their unique contribution to the promotion of public health in Israel. The award, given to outstanding volunteers, celebrates devotion and dedication to a mission that serves as a model for many.



In 2013 NATAL won the Public Advocacy Award from the International Association of Traumatic Stress Studies.

- NATAL's therapeutic puppet show “Princess K and the Magic Mirror”: A play through which children learn to discover their strengths and abilities to overcome unexpected situations, and is followed by a Community Outreach Unit facilitated workshop. This year, the play held 36 performances throughout the country and was seen by more than 2,250 children.

Cooperation with the Center for Educational Technology

The unit regularly uploads content to the "Safe Place" portal, and continue to develop and adapt it to different age groups and translate the materials into Arabic and English.

Focused Information for Discharged Soldiers

A master class and a personal conversation with Gilad Vital, the founder of the band “Shotei Hanevua,” who was injured during his army service and was treated at NATAL.

“Running with the trauma”

Rami Yulzari (“Running with Rami”) and Avner Yannai, a psychotherapist who accompanies the running groups, created an inspiring lecture that grants insight into the complex world of coping with post-trauma and renewed growth through running.

Digital

NATAL's Facebook page has 3,328 likes | NATAL's "Running in Color" Facebook page has 4,773 likes and 68,935 viewers | The “Running in Color” Instagram has 4,145 followers | 35,000 Visitors to NATAL's new site during the year.



In the picture: Running in Color 2018

Resource Development and International Relations

Unit Director: Ifat Morad

Unit Staff: Project managers – Rachel Oren, Stephanie Babcock; Head of European Partnerships – Orna Peleg

Unit Objective: To develop NATAL's resources in Israel and abroad; to cultivate and maintain relationships with donors; to create partnerships to finance the organization's activities.



NATAL regularly exports its knowledge, experience and unique models to various trauma related organizations operating around the world through specialized trainings. Since 2012 NATAL has provided trainings to the Wounded Warrior Project on the Helpline model, and trained faith leaders at the TURN Center in Bronzeville, Chicago. Additional trainings include trauma resiliency for first responders, emergency room hospital staff, and firefighters in Germany.

Unit Activity

The unit develops resources and raises funds to finance the organization's activities from a variety of sources, against the background of increasing competition and economic challenges. The unit works to expand NATAL's cooperation with organizations worldwide: federations, foundations, academic institutions, and associations working within the field of trauma and resilience.

In recent years, this unit has led NATAL's social export initiatives and the sale of services (workshops and trainings) to the international community, particularly in the United States and Europe. The unit works closely with NATAL's friends' associations in the United States, United Kingdom and Switzerland.

Unit Vision

- Strengthen and develop the financial resources of NATAL
- Create and facilitate opportunities for cooperation between organizations on projects from initiation to implementation
- Ensure financial and organizational stability to enable victims of trauma to receive optimal support.

Summary of 2018

Increased Fundraising Efforts to Match NATAL's Growing Budget

As a result of the multiple military operations, wars and security threats of the last decade, NATAL has experienced a 100% increase in the number of individuals seeking help through the organization's various support and treatment services. This increased demand has a direct impact on the operational budget, which this unit works to secure.

This unit endeavors to diversify NATAL's income to include revenue from the export of programs in addition to support from donations. NATAL's 2018 operational budget was 15.2 million NIS, which against the backdrop of a difficult financial year and increasing amounts of people seeking support, placed increased demand on fundraising efforts.



Scott Maxwell, CEO of COPE Canada; Orly Gal, NATAL CEO; Dr. Tamar Lavi, Director of Community Outreach; Prof. Racheli Dekel, Bar-Ilan University, and the rest of the participating Canadian and Israeli team

Group workshops for couples coping with PTSD

A unique delegation from Canada, in collaboration with WWP Canada, arrived to train NATAL's Community Outreach Unit in the COPE model of providing support to combat soldiers and their partners. This model is being adopted by NATAL, as well as representatives from Bar Ilan University, and is being integrated into the work-plan for 2019.

Fundraising activities included outreach to foundations, private donors, businesses, government institutions, and fundraising events as well as earning revenue through trainings and selling services.

NATAL's Entrepreneurship and Cooperation in the International Arena

For many years, NATAL has been active in the public sphere, helping to strengthen the resilience of the citizens of Israel. In recent years, the organization has been harnessing its capabilities to provide assistance outside Israel's borders through organizations and associations in the United States, Europe and elsewhere.

United Kingdom

In the UK, NATAL representatives held reciprocal visits in England and Scotland with several organizations working in the field of trauma this June, in cooperation with the Israeli Embassy.

New Jersey

In New Jersey, a program to foster resilience among first responders and medical professionals launched in October, in collaboration with the New Jersey Office of Homeland Security and Preparedness. The program gives first response professionals practical tools needed to strengthen professional resilience, develop support networks, prevent professional burnout and compassion fatigue. This program is continuing into 2019.

Chicago

This year NATAL continued working in Chicago with the TURN Center. In June, NATAL's staff returned and provided additional training to the center's staff. Activities in Chicago have received extensive media coverage, including by I24 News, and JUF Chicago. Activities in Chicago were held in cooperation with: The Municipality of Chicago; Northwestern University; University of Chicago Medicine United Way; Jewish Federation of Chicago; Affiliated to the federation – Mount Sinai Hospital in Chicago.

Florida

In Florida, a NATAL representative joined a delegation with the ITC and Ministry of Foreign Affairs following the school shooting in Parkland.

Pittsburgh

In Pittsburgh, NATAL representatives participated in the ITC delegation following the synagogue shooting in November.

Professional Conferences

NATAL representatives attended numerous professional conferences abroad in 2018, in which they shared knowledge in the fields of trauma and resilience building, and developed new channels of cooperation.

Sweden

May 2018 – NATAL participated and presented at the VSE – Victim Support Europe conference in Stockholm.

Germany

September 2018 – German Fire Service Association conference in Berlin and Educational psychologists conference in Frankfurt

November 2018 – Female firefighters conference near Stuttgart and the Israel-Germany Congress in Frankfurt

France

October 2018 – Conference on preparedness and resilience with the Paris Municipality and the Ministry of Justice in October.

United States

October 2018 – Houston, Texas – NATAL participated at Jewish Federation event about NATAL's export of expertise.

October 2018 – Florida – NATAL attended the national conference of police chiefs to discuss mental health among law enforcement and its model for operational stress management.

Visits to NATAL's Center

Each year NATAL welcomes visiting individuals and groups from around the world, including delegations from groups like AIPAC, mental health professionals, student groups, representatives of federations and foundations from around the world, officials from the IDF, Israel Police, Ministry of Social Affairs, Ministry of Health, and many more.



Interns and Volunteers

NATAL's internship program for English speaking volunteers entered its ninth year. Under this framework, NATAL hosted students from the United States and Germany. The program also included a group of students from an international Master's degree program at Tel-Aviv University. The volunteers assisted in marketing and research work in the organization.

NATAL had the honor of hosting several delegations led by Pastor Chris Harris from the TURN center in Chicago. Additionally, a delegation of mental health professionals from WWP Canada arrived as part of a collaboration to train NATAL in their model of providing support to combat soldiers and their spouses coping with PTSD. This model was adopted by NATAL and integrated into the 2019 work plan.

Friends Associations

NATAL has a warm and longstanding relationship with NATAL's Friends-of associations in Europe and the US. The American Friends of NATAL (AFN) held several parlor meetings in June featuring Ido Lazan, who survived the 2016 attack on Dizengoff Street in Tel-Aviv. Likewise, AFN's executive committee held a conference, and the association's chairman held an event for investors in Tel-Aviv in November.



On the Left: Ido Lazan survived the terror attack on Dizengoff Street in 2016. He shares his story of survival and recovery with the friends and supporters of the American Friends of NATAL, and his important connection with the organization.

On the Opposite page: A traditional visit from students of the Zell High School in Chicago. On their visit the students are given an overview of life in Israel.



Professional and In-Kind Support

Thank you all the companies and buisnesses that donated from their resources, and enable NATAL to continue its mission.

Professional and In-Kind Support

Thank you all the companies and buisnesses that donated from their resources, and enable NATAL to continue its mission

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Graffiti
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Heseg House
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Israel Hayom Newspaper
Jaffa port warehouses
Jafora
Kol Israel Radio

KPMG Somekh Chaikin Accountants
L'Isha A woman Magazine
Local and National Broadcasting Networks
Ma'ariv Newspaper
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Nana 10
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On-Life Women's Site
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Radio Station 103FM
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TheMarker Ha'aretz Newspaper
Transtitles
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Yediot Ahranot Newspaper
Yehoshua Parks
YES Cable Television
YNET
Yossi Avraham Law Office

Partnerships

Thank you to all the organizations and government bodies who chose NATAL as a partner

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Outdoor Group
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Achva Academic College
Ariel University
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Ben Line, shirt printing
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Ilana Yahav, Sand Art
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Weizmann Institute
Yehuda Weizman Sound
Zer Ahava, Bili
Organizations
Ach Gadol – Organization for Lone Soldiers

AMCHA Organizatoin
Awake At Night Organization
Bat Ami Organization
Bat Sheva Dance Company
Brothers for Life Organization
CET – The Center for Educational Technology
Dan District Police
Embassy of the Federal Public of Germany in Israel
Hachshara Insurance Company Ltd
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Incubator Theater
Israel Association of Community Centers
Israel Chamber Orchestra
Israel Guide Dog Center for the Blind
Israeli Scouts
ITC – Israel Trauma Coalition
Jewish Agency for Israel
Joint Israel – Ashalim
Joint Israel – Bait Ham Ofakim
Mahut
Mashabim
Mashabim Institute Be'er Sheva
Mental health station Haifa
Mental health station Hof HaCarmel
Mental health station in Hadera
Mental health station in The Western Galilee
Mothers of Wounded Soldiers Circle
Nature and Parks Authority
Organization of Victims of Hostilities
Psik Thearer
Resisim Organization
Ruach Tova
The Service Dog Training Center in Kfar Hess
The Volunteer Council

Tziporela Theater
U.S. Embassy in Tel-Aviv
United Hatzalah
Yachad Organization
Yachad-OU
Yeladim – Fair Chance for Children
ZAK"A
Resiliency Centers
Resiliency Center Eshkol
Resiliency Center Binyamin
Resiliency Center Etzion
Resiliency Center Hof Ashkelon
Resiliency Center Sderot
Resiliency Center Sdot Negev
Resiliency Center Shomron
Resiliency Center Yehuda
Hospitals and Medical Centers
Baruch Padeh Medical Center
Carmel Medical Center
Hadassah Medical Center
Kaplan Medical Center
Rabin Medical Center Beilinson, Petah Tikva
Rambam Medical Center
Soroka Medical Center
Tel-Aviv Sourasky Medical Center
Tel HaShomer Medical Center
The English Hospital Nazareth
Western Galilee Hospital, Nahariya
Yoseftal Medical Center, Eilat
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Public Sector
Bituach Leumi
IDF – Casualties Department
IDF – Combat Fitness Department
Israel Airport Authority
Israel Police
Israel Prison Service

Law Enforcement and Collection System Authority
Meuhedet Health Insurance
Ministry of Defense
Ministry of Education
Ministry of Education – Youth Promotion
Ministry of Foreign Affairs
Ministry of Welfare
Educational Institutions
Alon Middle School, Ra'anana
Har Adar Community School
Harduf Waldorf School
Hillel Yaffe School, Hadera
Kibbutz Sa'ad
Netivot Or Elementary School
Nokdim School
Schwartz Center
Shazar High School Bat Yam
Tekoa School
The Chabad-Lubavitch Boarding School, Kiryat Malachi
The house of Jacob Frhbaak School, Ashdod
Regional Councils
Ashdod Municipality
Be'er Sheva Municipality
Beer Tuvia Regional Council
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Haifa Municipality
Herzliya Municipality

Hevel-Yavne Regional Council
Hod HaSharon Regional Council
Hof Ashkelon Regional Council
Jezreel Valley Regional Council
Kfar Saba Municipality
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Magdal Shams Regional Council
Meitar Regional Council
Merhavim Regional Council
Netivot Municipality
Ofakim Municipality
Rehovot Municipality
Sderot Municipality
Sdot Negev Regional Council
Shomron Regional Council
Tamar Regional Council
Tel-Aviv Municipality – City Security Patrol
Tel-Aviv Municipality -Mesila – Aid and Information Center for Migrant Workers and Refugees
Tel-Aviv Municipality: Sports and Spokesperson departments
Um El Fahem Municipality

Thank you to all the public figures, artists, professionals and friends who helped raise awareness and advance the cause of NATAL

Hananya, Eli
Almog Boker
Ami Vardi
Batya Weinschel, intuitive painting
Bracha Hadar
Din Mirushnikov
Ehud Melamed, photographer

Eran Yardeni
Gadi Waisman
Gilad Vital
Ido Lazan
Ilan Spira, photographer
Irit Bashan
Irit Kaplan
Itai Anghel – War Correspondent
Itay Galila, DJ
Jacob Bachrach
Karin Alya
Kevin Rubin
Kobi Meidan
Marius, photographer
Michael Aloni
Miki Haymovitch
Nadav Meirson
Nir Dvori
Oded Ben Ami
Ofir Trainin, producer
Omri Assenheim
Orly Hoffman-Bar
Orly Vilnai
Raz Spani
Rotem Abuav
Shimi Atias
Shmulik Maoz
Tal Berman
Tal Pockard Tsalel
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Tom Bar Amar
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Yael Dan
Yoav Limor
Yuval Hetz
Ziv Koren – Photojournalist
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for her ongoing annual donation to support the
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